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## About the O.C.I.S.F.

The mission of the O.C.I.S.F. is to provide leadership, education, training, consultation, and support services in comprehensive crisis intervention and disaster behavioral health services to the emergency response professions, other organizations, and communities within Canada and the United States.

Our clients include Police Departments, Fire Departments, EMS Services, Public and Private schools, Universities, Fortune 500 Companies, Social Agencies, Municipal, State/Provincial, and Federal Governments, Large Entertainment Venues, and private service providers. Any organization that has the potential for their staff to be subject to traumatic incidents.

CISM/CISD is now becoming an HR strategy for many organizations and stakeholders who are recognizing that CISM is clearly becoming a requirement of an HR Strategy and no longer just an add on or option.

Organizations are realizing it is more practical to have CISM in place as a more preventative measure instead of reactive one. This has a tangible measurable results affecting your bottom line financially in things such as health insurance, employee performance, and employee absenteeism/attrition rates.

## CISD CERTIFICATION COURSES

CISD Debriefer

CISD Emergency Services Debriefer

CISD Team Leader

CISD Debriefer Instructor

Peer Support Program Co-ordinator

## CONSULTING SERVICES FOR

Creating CISD Program in your organization

Creating Peer Support Program

CISM Education Awareness Seminars

## RESPONSE SERVICES

Emergency Critical Incident Response

CISD Response (group or individual)

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## ONTARIO CRITICAL INCIDENT STRESS FOUNDATION

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*Serving Canada and the USA in  
providing specialized:*

*CISM/CISD Training*

*Peer Support Programs*

*Emergency CISD Response  
Services*



**Tel: 1-888-291-6324**

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# CISM should be a requirement, not just an option for your organization....



As crisis, disasters and traumatic events become epidemic, the need for effective crisis response becomes no longer an option but a necessity. Crisis intervention programs are now recommended and even mandated in a wide variety of community and occupational settings. Critical Incident Stress Management (CISM) represents a powerful, yet cost effective approach to crisis response which is often misunderstood.

Critical Incident Stress Debriefing (CISD) is a specific, 7-phase one on one or small group, supportive crisis intervention process. The CISD process does not constitute any form of psychotherapy and it should never be used as a substitute for psychotherapy. It is simply a supportive, crisis-focused discussion of a traumatic event (which is frequently called a "critical incident").

The primary purpose of CISD is to inform and empower an individual or homogenous group after a threatening, or overwhelming traumatic situation. A CISD attempts to enhance resistance to stress reactions, build resiliency or the ability to "bounce back" from a traumatic experience, and facilitate recovery from traumatic stress and a return to normal, healthy functions.

## THE PURPOSE OF CISD

A Critical Incident Stress Debriefing has 3 major objectives.

- 1) The mitigation of the impact of a traumatic incident
- 2) The facilitation of the normal recovery processes and a restoration of adaptive functions in psychologically healthy people who are distressed by an unusually disturbing event
- 3) A CISD functions as a screening process to identify individuals or group members who might benefit from additional support services or from a referral for professional care.

## WHY WE ARE DIFFERENT

OCISF instructors are made up of men and women from a wide range of different professions and who have had frequent exposure to Critical Incidents. These include but are not limited to: Police Officers, Firefighters, EMS, Psychologists, Educators, Chaplains, Social Workers, HR Professionals and Team Leaders, OCISF is one of the selected few agencies in North America licensed to teach the *BST Solution*© which is the latest in technology and research in CISM/CISD education and treatment



**YOU CANNOT PREVENT CRISIS FROM HAPPENING...its inevitable**



**BUT ... YOU CAN PREVENT NOT BEING PREPARED FOR ONE**

By implementing a CISM/CISD program in your organization, you are showing your employees and your organization that you CARE and are prepared to deal with unforeseen circumstances, which could have a negative effect on both of them.

**CONTACT US TODAY !!**

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