

Care Cups Assembly Tub and Instructions

Background

Care Cups are a gift for Seniors and others who may need encouragement during this COVID-19 lockdown. Care Cups serve 2 purposes: **1. To give encouragement** with a few simple items and an encouragement card, and **2 they provide an opportunity for conversation when they are delivered / given.**

Love Anaheim received a grant from Anaheim Community Foundation to assist with needs during the COVID – 19 recovery - the next 2 -3 months. Love Anaheim is an “Essential Services” organization with [COVID -19 Best Practices](#) in place. Our employees and volunteers will all be abiding by these as we assemble the Care Cups and as they are delivered. Both masks and latex gloves will be provided, we will all use good hygiene practices.

Contents of Care Cups Assembly Tub (contents will make 50 Care Cups)

- 1 plastic tub
- 1 box of 49 granola bars
- 1 box of 90 fruit snacks
- 1 Ziplock bag with 100 mints
- 2 Ziplock bags with 25 rice stress balls each
- 1 Ziplock with 10 bags of fruit snacks
- 1 Ziplock with 50 cards and 1 granola bar
- 1 bag with 50 18 oz red cups
- 1 Ziplock bag with masks and nitrile gloves
- 1 cardboard divider used to stack the second layer of cups
- 50 packs of Facial Tissue (in packs of 10 usually)



CARE CUP ASSEMBLY INSTRUCTIONS:

1. Please watch the 8:53 [Care Cup Assembly Video](#) .
2. Pray that God would use each cup to bless the person who receives it.
3. Identify the various components and supplies in the Supply Tub.
4. Follow the directions from the video to assemble cups carefully – we are the tortoise NOT the hare – take your time and work carefully.
5. Dispose of all Ziplock bags and rubber bands or place in your recycle bin.
6. Call or text the Care Cup Team to let them know your cups are completed, they will give you pick up or drop off instructions.

Contents of the Care Cups

- 1 plastic 18 oz cup
- 1 travel size package of tissue
- 1 “granola” type bars
- 2 packages of fruit snacks
- 2 mints
- 1 “stress” ball / squishy ball
- 1 encouragement card

